



MATHEWS ASSOCIATES

Leadership and Executive Coaching and Consulting

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Pat is President of Mathews Associates, a coaching and consulting practice dedicated to supporting leaders as they build productive partnerships, teams and workplaces. She worked with the Einstein Consulting Group for eight years, specializing in customer service, quality and leadership development. Pat has had many years of health care experience, including clinical, management and educational roles in acute care, outpatient and educational settings. She is a registered nurse and holds a Master's degree in Health Administration. She also holds a leadership coaching certificate from Georgetown University (2001) and has achieved the status of Master Certified Coach (MCC) with the International Coach Federation. Pat served as National President of the American Society for Healthcare Education and Training (ASHET) in 1984. She has served as the Region 2 representative to the ASHET Board, Chairman of the National Patient Education Advisory Committee of the American Hospital Association and as President of the New Jersey Chapter of ASHET. In 1990, she was named a Fellow of Healthcare Education. Pat received ASHET's Distinguished Service Award in 1985, President's Award in 1991, H. Walton Connelly Mentorship Award in 1993, HCEA's Distinguished Service Award in 2000, the Excellence in Practice Award in 2004 and was named an Outstanding Young Woman of America in 1984. Pat was also the recipient of the Athena Award in 2001. She is a member of ICF (International Coach Federation) and served as Leader of the ICF Virtual Community and chair of the ICF Global Credentialing and Program Accreditation committee. She served on the ICF Global Board of Directors for 5 years and as Vice Chair in 2016. Pat received the ICF Global President's Award in 2013 for her work on developing the PCC markers. She was inducted into the ICF Circle of Distinction in 2019. Pat is a founding faculty member of the Institute for Transformational Leadership and the former program director of the Leadership Coaching program at Georgetown University. She has served as faculty at numerous national and regional conferences and has worked with health care organizations, companies and individual leaders nationwide. Pat also served as a national coach with VHA's Transformation of the ICU (TICU) program. She is proficient in the use of assessments, including the Leadership Circle 360 and Trimetrix and is a Certified Professional Behavior Analyst and a Certified Professional Values Analyst.